

term) or a better
term: ⁶aiding in respect to
to align my mind (mental illness) with
my spirit (immediately):
This spiritual distance
(regardless of its physical
counterpart) creates an
energy that is binding
upon me to address (in order
to get back to the
dajrajaat), the positive
paths (suluuk), actions
(aaml) i.e.: sincerity/ikhlaas
and mutaba'ah (conformation
to the sunnah) is it to
get my ~~ex~~ physical path
back to the path
of suluuk (i.e.: ephemerals)